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ABSTRACT

The present invention relates to an agent for treating and/or preventing stress-induced diseases, and a pharmaceutical composition (pharmaceutical product), a food, drink, or a feed containing the same. More specifically, the present invention relates to an agent (pharmaceutical drug) containing lysine as the active (effective) ingredient, and a pharmaceutical product, a food, a drink, or a feed containing the agent (pharmaceutical drug). Furthermore, the present invention relates to a method for suppressing stress, and a method for the therapeutic treatment, amelioration and/or prevention of stress-induced diseases, as well as a use of lysine for anti-stress agents or stress suppressor.